

Never Ever Dinner Plate

Vocabulary: Never, not, match, full, half, quarter, categories of food

Materials: Each child needs a paper plate and 4 pictured food items. For a set of 6 this would be 24 pictures. A duplicate of the 24 pictures to be glued on cards. 10 pictures of non food items glued on cards. I used Boardmaker as my picture source. You may be able to use Clipart.

Instructions: I make a set of plates for each table so that each child will have a different plate. 6 children at a table mean 6 different plates. 4 food items on each plate mean 24 food items. You need a duplicate picture of each food item on the plates to be glued on cards. Glue 4 food items on each plate. I try to make a balanced meal such as vegetable, meat, cereal group etc. Glue the non food items on cards. The cards are placed face down in rows in the center of the table. Children choose the plates. Children take turns flipping one card over on their turn to see if it matches a food item on their plate. If it does they can place it on their plate. If it doesn't they turn the card back over. If it's a non food item, they are initially asked if children ever eat this item. They can then reply that children *never* eat it. Eventually they will say it on their own. The nonfood item is then flipped back over. While you are playing you can also discuss categories of food and if their plate is $\frac{1}{2}$ full etc. The game is over when one of the children is able to fill their plate.